



# Keeping up-to-date

Oncology is a rapidly changing specialty, and it can be difficult to keep up to date with the literature while avoiding overload. Follow these tips to stay on top of the latest clinical research and insights!



1

## ALERTS AND SOCIALS

- Sign up to curated resources such as NEJM journal watch
- Follow relevant accounts on social media
  - E.g. journals, colleges and societies, key clinicians and academics



2

## ATTEND CONFERENCES

- These can rapidly refresh your knowledge and offer opportunities for face-to-face conversations
- Meet locally after major conferences to share 'key messages'



3

## KEEP KEY INFORMATION ACCESSIBLE

- Keep a folder of key papers relevant to your clinical practice, regularly update it, and share it with your team and trainees
- Make use of guidelines and clinical topic summaries
- Listen to podcasts, such as Clinical Oncology, ASCO, JAMA Oncology and Rad Chat
- Helpful tools include UpToDate, ClinicalKey, EvidenceAlerts, and MedNet



4

## EXCHANGE INFORMATION WITH COLLEAGUES

- Develop broad networks and take the time to talk to peers in other hospitals
- Schedule regular time with your team to share learning such as journal clubs



## 5 EXPAND YOUR READING

- Expanding your reading can keep you fresh
- Fiction and non-oncology literature will give you a different perspective

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Useful links  
<https://www.jwatch.org/about/journal-watch>  
<https://www.clinicalkey.com/#/>  
<http://plus.mcmaster.ca/evidenceupdates>  
<https://www.acponline.org/clinical-information/journals-publications/acp-journal-club>